

# Floyd Henson Junior High School: Activities to prevent bullying and promote wise-choice making

*We also have a new district resource officer (Officer Borders) to assist in creating a wise-choice making atmosphere.*

**Bullying is:** Deliberate and hurtful behavior that is repeated over a period of time toward the same person. Typically, there is an imbalance of power between the bully and victim.

**Student Tips:** Stop and think. Treat others the way you want to be treated. Ask the person to stop, ignore the bully, stay with other people, don't be alone, tell an adult. Bullies get their power from our negative emotions. Try to act calm and move away to safe peers. We can't help unless we are made aware of the situation. A student must inform a teacher, the principal, or an adult you trust. Everyone has a right to feel safe at school.

Aug – Sept	(5 part) Group Guidance Sessions: 6 <sup>th</sup> grade 1. Birthday/First name line up/Who sees the counselor? <b>Goals 1, 2, &amp; 3</b> 2. What's Up with starting middle school--booklet 3. Stop bullying Now/peer pressure role-play 4. Continue "Stop bullying Now" 5. Gum in My Hair video and discussion- bullying and how to cope	
Oct. 2, 10, & 11	Internet Safety/ Awareness Presentation	<b>Goal 1 &amp; 3)</b>
Oct	Organized SADD Chapter for 2012-2013 (Students against Destructive Decision Making)	<b>Goal 2</b>
Oct 23-28	Red Ribbon Week: Wise-choice making slogans for each day <b>Goal 3</b> <i>Monday (24<sup>th</sup>)- turn your back on drugs-wear shirts backwards</i> <i>Tuesday - Wear red- presentation at FHS</i> <i>"Seven Reasons to Leave the Party"</i> <i>Wednesday – put a cap on drugs --wear hat or cap for \$1.00</i> <i>Thursday (27<sup>th</sup>)- "Sock it to Drugs"- crazy socks day</i> <i>Friday (28<sup>th</sup>)- "Team Spirit Day"- wear orange and blue</i>	
Oct 26	Drug Awareness Speaker-Matt Wilhelm	<b>Goal 3</b>
Nov-Dec	(5 part) Group Guidance Sessions: 7 <sup>th</sup> grade <b>Goals 1, 2, &amp; 3</b> 1. Find a person-Bingo 2. Pressure Seat Situations/Peer Conflict Situations 3. Add a word/Working Together –M & M Madness—helping 4. Bullying/Peer Pressure Survey 5. Gum in my Hair video and discussion	
Jan 29	6 <sup>th</sup> grade – Bullying/Prevention <b>Goal 2 &amp; 3</b>  SAFE (Jill Wright- small group presentations during Science)	
Jan 30	7 <sup>th</sup> grade Bullying Prevention <b>Goals 2 &amp; 3</b> SAFE (Jill Wright- small group presentations during Science)	
Jan 31	8 <sup>th</sup> grade Bullying Prevention <b>Goals 2 &amp; 3</b> SAFE (Jill Wright- small group presentations during Science)	
Feb 7	Bullying – 6 <sup>th</sup> grade students (small group presentations during Govt) ~Amy Center/Katy Hassebrock <b>Goal 3</b>	
Feb 8	Flirting or Hurting – 7 <sup>th</sup> grade students (small group presentations during (WC) ~Amy Center/Katy Hassebrock <b>Goals 2 &amp; 3</b>	
Feb 9	Healthy Relationships – 8 <sup>th</sup> grade students (small group presentation through World Civ) ~Amy Center/Katy Hassebrock <b>Goals 2 &amp; 3</b>	
Mar-Apr	<b>(3 part)</b> Group Guidance Sessions: 8 <sup>th</sup> grade <b>Goals 1, 2, &amp; 3</b> 1. Bullying discussion and worksheet 2. Peer Pressure and cooperation –“ Gorp’s Dream” 3. Being your own person—self esteem—role- play future decisions	
April 4	7 <sup>th</sup> Presentations- Sexting-SAFE-during Science	<b>Goals 3</b>
April 5	8 <sup>th</sup> Presentations-Sexting-SAFE-during Science	<b>Goals 3</b>

- ✓ *We have a counselor and caring teachers and staff*
- ✓ ***We have a drop box for students to alert us to possible unseen conflicts and bullying***
- ✓ *Discipline Point system for discipline occurrences*
- ✓ ***We have placed more posters/signs for awareness to prevent bullying and promote wise-choice making***
- ✓ *Our student motivation strategies also include promoting “respectful behavior and wise-choice making” through the Accountability Drawing (midterm & quarter) and Achievement Movie (at the conclusion of each quarter).*

Goals are aligned to IL Learning Standards for Social/Emotional Learning (SEL)

**Goal #1** Develop self-awareness and self-management skills to achieve school and life success

**Goal #2** Use social awareness and interpersonal skills to establish and maintain positive relationships

**Goal #3** Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts

**10 Learning Standards**

**Goal 1** = 3 learning standards

**Goal 2** = 4 learning standards

**Goal 3** = 3 learning standards

**20 Benchmarks**

**2 benchmarks for each learning standard**

- ✓ The benchmarks are learning targets that are more specific than standards.

- ✓ They specify developmentally appropriate SEL knowledge and skills for each standard at grade-level clusters.

May- C ommunity Service **Goals 1 & 3**